

End the
Silence
ON
Intimate
Partner
Violence

The bottom half of the image features a light green background with several darker green, stylized hands and shapes. The hands are raised, with fingers spread, and are arranged in a way that suggests a crowd or a group of people. The shapes are rounded and organic, resembling leaves or petals. The overall aesthetic is clean and modern.

Support Services for
**Two-Spirit, Nonbinary
& Trans Communities**
in the Greater Toronto Area

Graphic design and illustrations by
Manar Hossain (they/them)
manarhossain@gmail.com

What is Intimate Partner Violence (IPV)?

Intimate partner violence (IPV) is violence/abuse that occurs against a current or past intimate partner.

Abuse is when a person(s) uses behaviours to gain power and control over another person and to cause harm.

IPV can be experienced in relationships between people of the same or different genders and in relationships with two or more people involved.





We recognize that there are a variety of barriers that make accessing services difficult for Two-Spirit, nonbinary, and trans folks.

Although this is not an exhaustive list, these resources have been selected by members of the Peer Leadership Group and have been accessed by many Two-Spirit, nonbinary, and trans people.

We hope that all organizations will engage in efforts to continually decrease barriers making their services inclusive and supportive for all Two-Spirit, nonbinary, and trans people.

Table of Contents

Acknowledgements..... **06**

Legal Services and
Legal Information..... **10**

Important Numbers
for 24 Hour Services..... **12**

Shelters, Housing
and Homelessness **15**

Counselling and
Support Services **20**

Health Services **26**

Referral and
Information Services **28**





TRANSFORMED



The TransFormed Project is a bilingual community-research and action initiative led by METRAC: Action on Violence in partnership with Centre Francophone du Grand Toronto.

We are grateful to the Public Health Agency of Canada and the City of Toronto for their foundational support and generous funding of the TransFormed project. Our accomplishments would not be possible, without your financial contributions.

————— A partnership between: —————



METRAC
ACTION ON VIOLENCE



CENTRE FRANCOPHONE
DU GRAND TORONTO

Accredited by
Canadian Centre
for Accreditation



Agéré par
Centre canadien
de l'agrément



**The Law
Foundation
of Ontario**



Public Health
Agency of Canada

Agence de la santé
publique du Canada



**Thank you to the following
individuals and organizations
for their contributions to the
Project Steering Group:**

Wendy Komiotis (she/her)

Laura Hartley (she/her)

Marion Newrick

Tatiana Ferguson (she/her)
(Project Coordinator)

Maiesha Zarin (they/them)
(Project Coordinator)

Dr. Ilene Hyman (she/her)
(Researcher)

Carolina Gana (she/her)
(Trauma-Informed Researcher)

Sizwe Inkingi

Mouloud Benkahla (he/him/il)

The Knowledge Hub,
Western University



**Finally, a special thanks to
the members of the Peer
Leadership Group:**

Eva Simone (she/her)

Faelix Kayn (they/them)

Keisha Corothers (she/her)

Maiesha Zarin (they/them)

Susan Gapka (she/her/elle)

Tala Jalili
(no pronoun/any pronoun)

Ve Tao (they/them)



Legal Services and Legal Information

These services and organizations can provide: legal information in plain language, connections to legal advice or lawyers, access to legal representation and financial support.

**Barbra Schlifer
Commemorative Clinic**
www.schliferclinic.com

416-323-9149

Family Law Education for Women
www.onefamilylaw.ca

Email: admin@onefamilylaw.ca

**HIV & AIDS Legal Clinic Ontario
(HALCO)**

www.halco.org

1-888-705-8889

Justice For Children & Youth

www.jfcy.org

1-866-999-5329

Legal Aid Ontario*

1-800-668-8258

TTY 1-866-641-8867

*In cases of violence, the Family Violence Authorization Program provides a free 2-hour consultation with a lawyer.

Ontario Women's Justice Network
www.owjn.org



Important Numbers for 24-Hour Services

These services and organizations are available 24 hours a day to respond to emergencies or crises and can usually provide immediate attention/support.

Emergency (police, fire, ambulance): Call 911

Crisis Lines

Assaulted Women's Helpline

1-866-863-0511

Gerstein Crisis Centre

www.gersteincentre.org

416-604-2337

Good2Talk (24 hours a day, for postsecondary students)

1-866-925-5454 or text GOOD2TALKON to 686868 to chat with a volunteer Crisis Responder

www.good2talk.ca

Trans Lifeline

www.translifeline.org

1-877-330-6366

Sexual Assault Help (24-hour)

**Toronto Rape Crisis Centre
Multicultural Women Against Rape**

416-597-8808

<https://trccmwar.ca/>

**Women's College Hospital
Sexual Assault & Domestic Violence
Care Centre**

416-323-6040

Information and Referral

Call 211

www.211toronto.ca



Shelters, Housing and Homelessness

These organizations provide shelter and/or support to find housing. Although there is a lot of work left to do to make shelters more inclusive to the community, these are locations that have been used by Two-Spirit, nonbinary, and trans people.

Each organization is listed with their own website's description of who they serve.

Eva's Initiative & Eva's Place (24 Hrs)

www.evas.ca

416-977-4497

24Hrs: 416-441-1414

Eva's Place is a 40 bed emergency shelter for homeless youth ages 16-24. It provides supports that youth need to return home or to transition to housing in the community.

Fred Victor Housing & Emergency Shelter

www.fredvictor.org

416-364-8228

Fred Victor provides housing and shelter for men, women and families who live in extreme poverty, are marginally housed or are homeless.

Interim Place

www.interimplace.com

24 Hour Crisis Lines

Telephone: 905-403-0864

Toll free: 1-855-676-8515

Community Support & Outreach

Program Telephone: 905-676-0257

Toll free: 1-855-676-0257

Interim Place operates two shelters for individuals over the age of 16, who identify as women, Two-Spirit, genderqueer, trans, and non-binary and have experienced violence.

Na-Me-Res Native Men's Residence

www.nameres.org

416-651-6750

Na-Me-Res is a 69-bed emergency shelter at Bathurst St. and St. Clair Ave. West. Sagatay is a nationally recognized transitional housing program. O'Gitchidaa Mushkiki Wigwam is a long-term independent housing initiative.

Sistering

www.sistering.org

416-926-9762

Sistering is a multi-service agency for at-risk, socially isolated women and trans people in Toronto who are homeless or precariously housed.

Youth Without Shelter

www.yws.on.ca

416-748-0110

The Youth Without Shelter Housing Program operates from a Housing First approach focusing on placing youth in permanent, affordable housing while addressing the obstacles faced by homeless youth that interfere with the achievement of independent and stable living conditions. The Youth Without Shelter (YWS) Residential Program offers emergency accommodation for up to 33 youth each night.

YWCA Women's Shelter

www.ywcatoronto.org

416-693-7342

YWCA Toronto operates two free shelters for individuals over the age of 16, who identify as women, transgender or non-binary and, who are experiencing homelessness.





Counselling and Support Services

These services and organizations provide support by directly scheduling and providing counselling sessions, providing peer support, providing group support, and/or helping refer you to longer term intensive counselling/support.

2-Spirited People of the 1st Nations

www.2spirits.com

416-944-9300

The 519

www.the519.org

416-392-6874

ACAS Asian Community AIDS Services

<http://acas.org/about>

416-963-4300

info@acas.org

Across Boundaries

<http://www.acrossboundaries.ca>

416-787-3007

Africans in Partnership Against AIDS

www.apaa.ca

416-924-5256

AIDS Committee of York Region

www.acyr.org

905-884-0613

Alliance for South Asian AIDS Prevention

www.asaap.ca

416-599-2727

Associated Youth Services of Peel

www.aysp.ca

905-890-5222

Black Coalition for AIDS Prevention

www.blackcap.ca

416-977-9955

Central Toronto Youth Services

www.ctys.org

416-924-2100

Egale Canada Youth Services

www.egale.ca

1-844-443-4253

Family Services of Peel

www.fspeer.org

905-366-0322

**Family Services Toronto David Kelley
Counselling Program**

www.familyserVICEToronto.org

416-595-9230

Family Services York Region

www.fsyr.ca

905-415-9719

FrancoQueer

www.francoqueer.ca

647-709-2600

Friends of Ruby

friendsofruby.ca

416-359-0237

Griffin Centre

www.griffin-centre.org

416-222-1153

LGBT Youth Line

<https://www.youthline.ca>

Call: 1-800-268-9688

Text: 647-694-4275

Live chat support available through website

Moyo

(formerly Peel HIV/AIDS Network)

<https://moyohcs.ca>

905-361-0523

Ontario Ministry of Health and Long Term Care

Sexual Health Info Line: 1-800-668-2437

The Mainline: 1-800-686-7544



***TWO-SPIRIT,
NONBINARY, AND
TRANS SURVIVORS
DESERVE SAFETY AND
AFFIRMING SUPPORTS!***

**Pieces to Pathways —
Breakaway Addiction Services**
<https://www.breakawayaddictions.ca>
416-537-3224

Planned Parenthood Toronto
www.ppt.on.ca
416-961-0113

Sheena's Place
<https://sheenasplace.org>
905-415-9719

**Sherbourne Health Centre
Supporting Our Youth**
<https://soytoronto.com>
416-324-4180

Skylark Children, Youth & Family
www.skylarkyouth.org
416-482-0081

**Toronto PFLAG:
Parents, families, friends & allies of
Toronto's LGBTQ* community**
www.torontopflag.org
416-406-6378

What's Up Walk-In
<https://www.whatsupwalkin.ca>
1-866-585-MHTO (6486)



Health Services

These services or organizations provide specific forms of medical help/primary health care, other forms of medical assistance (including dental care, harm reduction supports, etc.) and other forms of support (community development, advocacy, counselling, referrals and information about other supports).

Access Alliance Multicultural Health & Community Services

www.accessalliance.ca

Danforth: 416-693-8677

College St: 416-324-8677

East Mississauga Community Health Centre

www.eastmississaugachc.org

905-602-4082

Ontario Aboriginal HIV/AIDS Strategy

www.oahas.org

416-944-9481

Parkdale Queen West Community Health Care Centre

<https://pqwchc.org>

Parkdale Site: 416-537-2455

Queen West Site: 416-703-8480

Sherbourne Health Centre

<https://sherbourne.on.ca>

Mental Health: 416-324-4100

Medical: 416-324-4180

Women's Health in Women's Hands

www.whiwh.com

416-593-7655



Referral and Information Services

Some of these services and organizations can provide you with general information and can help connect you with other specific services you may need.

Some of these organizations and services provide information regarding particular topics and for specific communities (such as newcomers and refugees, sex workers, spiritual support, etc.).

**Butterfly Asian and Migrant
Sex Workers Network**

<https://www.butterflysw.org>

416-906-3098

**International Railroad for
Queer Refugees**

www.irqr.net

416-985-7456

**Maggie's Toronto Sex Workers'
Action Project**

www.maggiestoronto.ca

416-964-0150

**Rainbow Health Ontario -
Resource List**

www.rainbowhealthontario.ca

416-324-4100

Salaam Canada

www.salaamcanada.info

**Ontario Coalition of Rape
Crisis Centres**

www.sexualassaultsupport.ca

Information and Referral

Call 211

www.211toronto.ca

City of Toronto Central Intake Line

Call 311

1 877-338-3398



**TWO-SPIRIT,
NONBINARY, AND
TRANS SURVIVORS
DESERVE SAFETY AND
AFFIRMING SUPPORTS!**



METRAC
ACTION ON VIOLENCE

METRAC: Action on Violence is a community not-for-profit organization that works to prevent violence against women, youth, children, Two-Spirit, nonbinary, and trans people.

Phone:

1-877-558-5570
416-392-3031 (TTY)

Email:

info@metrac.org

Website:

www.metrac.org
www.owjn.org

This work was funded by the Public Health Agency of Canada (PHAC) and the City of Toronto.



Public Health
Agency of Canada

Agence de la santé
publique du Canada





TRANSFORMED