# WHAT IS CYBER VIOLENCE?

**Content warnings:** harassment, stalking

The internet is a great place for connecting with people, having fun, and learning new things. It can also lead to situations where you might feel uncomfortable or afraid.

**Cyber violence** is violence that happens online. It can happen to anyone.

This guide explores different types of cyber violence that are against the law.

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#### **ONLINE STALKING**

Someone contacting you repeatedly, spreading lies about you, posting about you, constantly DMing you online and it makes you feel afraid.

#### **SHARING NUDES ONLINE**

If you are under 18, nude photos you send someone can never legally be posted online.

If you are over 18, you need to give your consent for someone to post online.

### THREATENING TO POST NUDE PICTURES

Someone threatening to post naked photos of you online to get you to do something is extortion.



Someone spying on you and secretly taking your picture when you are naked and you think you are in private is voyeurism.

## WHAT CAN YOU DO?

Learn more at owjn.org

Find out how to report online at **needhelpnow.ca** 

Visit **teenlegalhelp.org** to get free legal help

Tell an adult you trust

Visit www.METRAC.org/react to find more resources