



STALKING CAN HAPPEN ONLINE OR OFFLINE

When it happens online, it can look like:

Someone sending you unwanted messages, spreading lies about you

Someone sending threatening or unwanted sexual messages or posts on social media to you,

Or someone making you think they are tracking your movements.

THESE ACTIONS CAN BE AGAINST THE LAW

Online stalking can be the crime of criminal harassment if:

Someone contacts or harasses you over and over, and,

They know or should know that you don't like it, because you told them or because most people in the situation would know that you don't like it; and,

It makes you reasonably afraid for your safety or someone else's safety.

FOR MORE INFORMATION ABOUT WHAT YOU CAN DO, AND WHO CAN HELP, YOU CAN CONTACT:

Assaulted Women's Helpline
416-863-0511 (GTA); 1-866-863-0511

Legal Aid Ontario Family Violence Authorization Program
1-800-668-8258

Kids Help Phone
1-800-668-6868

Justice for Children and Youth
416-920-1633
<https://jfcy.org/en/>

LGBT Youthline
www.youthline.ca
647-694-4275

Black Youth Line
www.blackyouth.ca
416-285-9944

ReAct
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Visit www.METRAC.org/react for more resources