

Trans Youth & School

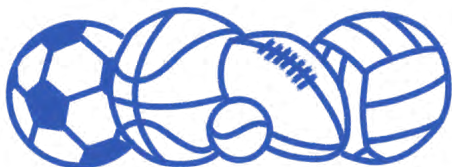


Did you know that?



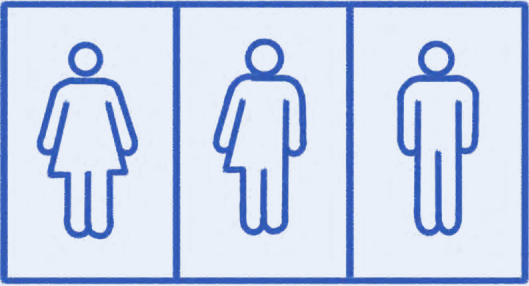
If your school has a dress code, you have the right to dress according to the dress code of whichever gender you identify with.

The Ontario Human Rights Commission says that if there is a dress code it should allow everyone to dress according to the gender they identify with. If your school does not allow you to dress according to the gender you identify with you should speak to them about your rights.



You have the right to join a sports team and have access to a change room that matches your gender identity.

In Ontario, schools have to accommodate you if you ask to play on the sports team or use a change room that matches your gender identity. Some accommodations include: being allowed to change in your school's nursing office or gym teacher's office, changing in a nearby gender neutral bathroom, or changing before or after your classmates change times.



You have a right to use the washroom of the gender you identify with.

The Ontario Human Rights Commission says that everyone should be able to use whichever bathroom they feel matches their gender identity. If you are worried about using the bathroom at school you can ask to use a gender-neutral bathroom. In Toronto, schools should allow students to use gender-neutral bathrooms whenever it is possible.



Your teachers are required to respect your gender identity

If you think that your teacher does not respect your new gender identity because they are intentionally using your deadname or referring to you as a gender you do not identify with, you can report them to your principal, your school board, or the Ontario College of Teachers.


You do not need gender affirming surgery to be referred to by your identifying name and gender.

In Ontario it is considered discrimination to insist that a person who is trans have gender confirming surgery to be referred to as the gender they identify with or their chosen name.

Being bullied because of your gender identity is against Ontario school policies and there are rules in place for it to be handled by teachers and principals:

In Ontario, the government has made it a goal to stop bullying based on gender identity.

If you think you are being bullied you can report it to your principal or teacher and they have to investigate it. They will only report it to your parents if it is safe to do so. Your school must support anyone who is bullied because of their gender identity and must take action against the bullies.

A blue line-art illustration of two people. On the left is a woman with short, dark, wavy hair, wearing a white top. On the right is a man with short, dark, curly hair, wearing a white t-shirt. A speech bubble originates from the woman, containing text. The background is a solid light blue.

If you're being bullied you can also tell a responsible adult, such as a family member or trusted friend.

For legal information check out this resource:

Justice Trans – a website which provides Two Spirit, Trans, Non-Binary and Gender Non-Conforming individuals with legal information.

 www.justicetrans.org

Some useful terms:

Gender identity means the gender that you personally feel is who you are, not the gender you were labeled as when you were born. Some people are non-binary and this means that they do not identify as either male or female.


Deadname means someone's name they were given when they were born but no longer use because it does not match their gender identity.


Discrimination means treating someone differently based on a personal characteristic like their gender identity, race or sexuality. It is against the Ontario Human Rights Code to discriminate against anyone because of their gender identity.




Here are some places you can find support:

LGBT Youth Line offers confidential and non-judgemental peer support

 www.youthline.ca


 (647) 694-4275

Rainbow Health Ontario a database of health and social service providers who have expressed a commitment to providing care to LGBT2SQ people in Ontario

 www.rainbowhealthontario.ca/lgbt2sq-health/service-provider-directory/

The 519 Youth Line offers support and services for LGBTQ2S individuals

 www.the519.org


 (416) 392-6874

 Info@The519.org

Here are some places you can find legal help:

Justice for Children and Youth provides legal advice and representation to youth under 18


 <https://jfcy.org/en/>

 (416) 920-1633

 Toll Free in Ontario: 1-866-999-JFCY (5329)

The 519 Legal Clinic offers free general summary advice on legal issues


 www.the519.org


 (416) 392-6874


 LegalClinic@The519.org

Human Rights Legal Support Centre provides legal assistance and advice to individuals who have experienced discrimination contrary to Ontario's Human Rights Code

 www.hrlsc.on.ca


 (416) 597-4900


 Toll Free: 1-866-625-5179


 TTY: (416) 597-4903


 TTY Toll Free: 1-866 612-8627

Human Rights Tribunal of Ontario

 (416) 326-1312

 Toll Free: 1-866-598-0322

 TTY: Call the Bell Relay Service at 1-800-855-0511

 hrto.registrar@ontario.ca



You deserve safety and support!



This is general information only. If you need
legal advice, you should contact a lawyer.